

*Are you more coordinated
than your 5th grader?*

Event	<u> </u> completed	Parent completed
Hula hooping 20 sec.		
Jump rope 90 sec.		
Throwing/catching 30x, 25 ft away		
Striking to self 60 seconds		
**Volleying in a group of 3 10x in a row		
Balance shuffle		

**If you only have a group of 2 to volley,
you must volley the ball 12 times in a row.